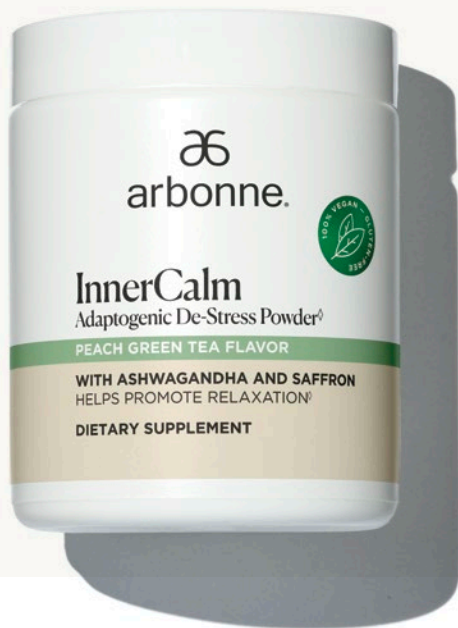




ARBONNE® INNERCALM ADAPTOGENIC DE-STRESS POWDER[†] WITH ASHWAGANDHA AND SAFFRON

Feel less stressed. This vegan dietary supplement is formulated with Sustainably Sourced Ashwagandha (a powerful adaptogen) plus Sustainably Sourced Saffron to help you achieve a balanced mindset[†]. Featuring the tea-leaf derived amino acid L-theanine to help temporarily promote a sense of calm and relaxation, mix one scoop into any beverage without worrying about drowsiness or other unwanted side effects[†]. With a delicious Peach-Green Tea flavor, you'll love how this vegan dietary supplement tastes – and how it quiets your mind. Formulated without artificial colors, flavors or sweeteners; formulated without high-fructose corn syrup, dairy or soy.

30 servings – 3.2 oz. / 90 g, #6088



FEATURES

- Gentle, de-stressing formula helps you achieve a balanced mindset and manage occasional stress[†]
- Helps the body adapt to stress by temporarily promoting a calm mindset[†]
- Helps temporarily reduce feelings of stress to promote a sense of calm and relaxation[†]
- Unique powder blend of amino acid and adaptogenic botanicals, which have been traditionally used in Ayurvedic medicine and can be used to help support a “meditative state of mind” and adapt better to stress over time[†]
- Peach Green Tea flavor can be combined with water, tea or other liquids



THE ARBONNE DIFFERENCE

Plant-powered, nutrient-rich products developed in partnership with experts and validated by science to support a holistic approach to healthy living. MIND. BODY. SKIN.™

HOW TO USE

Add 1 scoop to 8 fl. oz. of water and stir. Do not exceed the recommended daily intake of 1 serving per day.

CAUTION: Pregnant or breastfeeding women, those with a medical condition, and those taking medication should consult with a healthcare professional before use. Do not use if safety seal is broken or missing. **Keep out of reach of children.**

KEY INGREDIENTS & BENEFITS

- Ashwagandha Root and Leaf Extract, a powerful adaptogen traditionally used in Ayurveda, has been studied to help manage occasional stress[†]
- Saffron Stigmas Extract, a precious spice cultivated in Spain derived from the stigmas of *Crocus sativus* traditionally used in Ayurveda, helps support a balanced mood[†]
- L-theanine, an amino acid found in tea leaves, helps temporarily promote a sense of calm and relaxation[†]

FLOURISH
ARBONNE FOUNDATION

ALL THE GOOD FEELS: For every InnerCalm product sold, Arbonne donates \$1 USD to the Flourish Arbonne Foundation to support youth mental well-being. See arbonne.com for details and restrictions.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ARBONNE® INNERCALM ADAPTOGENIC DE-STRESS POWDER[◇] WITH ASHWAGANDHA AND SAFFRON

CLINICAL RESULTS

INNERCALM

In a clinical study, participants experienced –

After 1 week:

- Significant improvement in sleep quality, which includes falling asleep faster after laying down, sleeping continuously through the night for at least 7 hours, and waking feeling refreshed[°]

After 4 weeks:

- Significant and continued improvement in sleep quality with consistent daily use, which includes falling asleep faster after laying down, sleeping continuously through the night for at least 7 hours, and waking feeling refreshed[°]
- Felt an improvement in daily mood balance, including feelings of calm and alertness[°]
- Significant reduction in the appearance of uneven skin tone, which includes brown spots[°]

Clinical study of 21 participants using InnerCalm daily. Results compared to baseline based on clinical evaluation and perception study.

INNERCALM + SUPERCALM

In a clinical study, participants who used InnerCalm and SuperCalm together experienced:

After 4 weeks

- 20% reduction in the appearance of skin tone redness[°]
- Significant reduction in the appearance of brown spots[°]
- Improvement in the appearance of overall skin tone[°]
- 40% improvement in skin hydration to replenish the skin's moisture barrier[°]
- Improvement in feelings of self-esteem, mental clarity, and overall mood[°]

Clinical study of 21 participants using SuperCalm regimen including Vegan Cleansing Milk, Skin Relief Serum, and Soothing Hydrator along with InnerCalm. Results compared to baseline based on clinical grading, evaluation and perception studies.

Supplement Facts

Serving Size 1 scoop (3 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Total Sugars	2 g	†
Includes 1 g Added Sugars		2%*
L-Theanine	200 mg	†
Ashwagandha (<i>Withania somnifera</i>) root and leaf extract (32% Withania Oligosaccharides, 10% Withanolide Glycosides, 0.5% Withaferin A)	125 mg	†
Saffron (<i>Crocus sativus</i>) stigmas extract (3.48% Crocin and 0.03% Safranal)	28 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established

OTHER INGREDIENTS: rice flour, cane sugar, natural flavor, microcrystalline cellulose, dextrin, silicone dioxide.

Made in a facility that processes wheat, crustaceans, shellfish, eggs, fish, soybeans, milk, and tree nuts.

Keep in a cool, dry place.

Distributed by
Arbonne International, LLC
9400 Jeronimo Road, Irvine, CA 92618 USA
1.800.272.6663

Manufactured in USA from imported materials.

COMPLEMENTARY PRODUCTS

SuperCalm Vegan Cleansing Milk with Agastache Blend, #8713

SuperCalm Skin Relief Serum with Tiger Grass Blend, #8714

SuperCalm Soothing Hydrator with Tiger Grass Blend, #8715



ArbonneCycle

A force for good for people and planet.

- **Jar:** Made from HDPE (plastic #2). Available for recycling in most markets. Please check locally to determine if you can recycle this package in your market and if so, be sure to clean out remaining product before recycling.
- **Cap:** Made from PP (#5). Available for recycling in select markets. Please check locally to determine if you can recycle this package in your market and if so, be sure to clean out remaining product before recycling.
- **Plastic Scoop:** Made from PP (#5). Available for recycling in select markets. Please check locally to determine if you can recycle this package in your market and if so, be sure to clean out remaining product before recycling.

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